



## Improve the Physical Capability of Your Fellow Men – Become an Orthopedic Physical Therapist

**If you needed physical rehabilitation in the past because of injuries that were sustained in a car or sports accident or because of a state of illness that resulted in reduced function and increased pain, than you know what a physical therapist does.**

You probably went to go see one several times a week for an extended period of time or you were taken to the physical therapy room during your stay at the hospital. A physical therapist follows the advice and recommendations of the patient's doctor. He is an integral part of the healthcare team. Needless to say that "teamwork" is stressed here. The common goal of the healthcare team is to get the patient better. The [orthopedic physical therapist](#) uses fascinating tools to help the patient get back to the same level of functioning as before the unfortunate event or before the onset of the disease. Often physical therapy is used to correct a problem, hoping to prevent otherwise necessary and unavoidable surgery. Special lamps, whirlpools, ultrasonic, and therapeutic equipment are just some of the things that help him to get you in better shape. Every patient receives a customized treatment. Massage is one of the many muscle improving treatments an orthopedic physical therapist can make use of. Most conditions that need correction require both the deep tissue massage therapy and the physical exercises. Some more extreme situations limit the capability of returning to the original state of functioning. Amputees are an example of this category. Rehabilitation will be focused on getting used to the prostheses and learning how to optimally function with these things in daily life.

A PhD or a master's degree in physical therapy is needed to practice the profession of an [orthopedic physical therapist](#) lawfully. The states mandate a state examination in order to become a licensed orthopedic physical therapist. If this is a job position that you are interested in, you have to keep in mind that you will be working with people. Even worse, you

would work with people who are already in pain and are most likely also suffering under their present debilitating condition. Ultimate patience for a fellow human being and good social skills are absolutely necessary to instill a great patient/doctor relationship under these circumstances.

Well-seasoned physical therapists will always have a job. As long as people encounter accidents and debilitating diseases physical therapists will be needed. Some physical therapists have their own private practice and employ [physical therapy aides](#). Others work in a physical therapy department of a local hospital, nursing home, or care center. For a supervising position it is absolutely necessary that an orthopedic physical therapist can show many years of experience. Some extra schooling can be required if the aspiration of the physical therapist is to also become a teacher in the field and to help aspiring [physical therapists](#) reach their educational and career goals. The field is not over-saturated and it will not come to that in the foreseeable future. More new physical therapists are still needed in this growing healthcare related field. It is a very rewarding field to work in both for those who seek good financial resources and for those who want to contribute to society and see people get better. Good physical therapists earn about seventy dollars per hour. Most of them just work their 32 to 40 hours a week. This is definitely an occupation that gives the financial resources to raise a family comfortably and not be overworked. Physical therapists have contributed to the improvement of the lives of many adults and many children.

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