



HEALTHCARE STAR



Dr. Randa Bascharon, D.O.: Orthopedic Surgeon

[By Brooke Heath]

As a board certified orthopedic surgeon, sports performance specialist, and athletic trainer, Dr. Randa Bascharon has had the opportunity to help many athletes from all sectors of the sports world. Dr. Bascharon’s expertise has been employed in tending to NBA and NHL players; Olympic gymnasts, figure skaters, golfers, and basketball players; competitors in the World Arm Wrestling Championship and the Mountain Dew Action Sport Tour; as well as numerous other professional, elite, and amateur athletes.

Dr. Bascharon’s interest in sports medicine began in college, at the University of Illinois. While there she was able to work as an athletic trainer for the Big Ten school.

“You come to a realization when you are searching for a career that this profession is all about helping people,” Dr. Bascharon explained. “In my specific field of orthopedic medicine, it’s a field where my creative mind, scientific thinking, [and] compassionate sides can all come together.”

After college, Dr. Bascharon completed her medical training and residency in orthopedics in Chicago, Illinois. She then worked at several institutions such as Northwestern University, the University of Chicago, and Christ Hospital. Thereafter, she completed her orthopedic sports medicine fellowship in Lake Tahoe, Nevada, where she ultimately chose to open a practice.

Now practicing primarily in Henderson and Las Vegas, Nevada, Dr. Bascharon is one of the leading orthopedic surgeons in the Las Vegas area. Utilizing her years of experience in sports medicine, she provides “cutting edge orthopedic and sports medical services with integrity and pride,” providing a comprehensive multidisciplinary approach to “sports science” and orthopedic surgery.

Q. Where do you see the field of healthcare in ten years?

A. Unfortunately, I see a trend driven by insurance and costly premiums. It gives physicians less and less ability to help patients due to the high cost of healthcare. I foresee patient’s having major difficulty affording healthcare.

Q. What do you enjoy doing when you aren’t working?

A. During my spare time I enjoy getting together with my friends, participating in community service and anything arts related, including performing arts and painting.

Q. Who is your role model?

A. I believe you can learn from everyone. I feel when you narrow your role models down to one specific person, it creates a short-sided view of self-improvement. I come into contact with amazing people everyday. There have been many great icons who have gone above and beyond and can be used as a reference. But I don’t feel we should single people out. There’s a little role model in everybody.

Q. What’s your favorite book?

A. I’ve read lot of inspirational books in my time, and there’s so much you can gather from them. But I can’t pick one single book to call my favorite.

Dr. Bascharon not only helps to rehabilitate athletes that have been hurt or injured, she also helps athletes learn how and even when to train. Using software called Omega Wave Technology, she works to customize training programs by collecting information on the athlete’s cardiac, metabolic, hormonal, nervous, and pulmonary systems. In turn, this information helps her to determine which stressors affect the athlete and how long it will take for him or her to recover, reflecting the time that an athlete’s body is in peak condition to train.

Dr. Bascharon attributes much of her success in the industry to understanding firsthand what an ill patient has to endure. “I think that the most effective healthcare professionals are those who have had a chance to walk a mile in a patient’s shoes,” she explained. “My mother is a breast cancer survivor and my father suffered a devastating back injury. When you’ve had to deal with your own personal medical issues, you can understand what it feels like to be a patient. This industry is so multi-faceted, you need to be comprehensive and cater to the patient’s individual needs.”

Dr. Bascharon offers this advice for individuals considering a career in the healthcare industry:



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“You really have to want to help people. Simply put, if you are not interested in healthcare or helping people, you shouldn’t do it. It takes a lot out of you, both the

emotional and administrative aspects of being a physician. Once you make the decision to become a doctor, it’s hard to get out of it, because you spend so much

time working towards your education and professional career. It truly is a lifelong commitment.”

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